



# AALRM Newsletter

Issue #27, May 2018

## Our Purpose

### Statement:

*“Alive Again Life Recovery Mission operates for the purpose of creating a safe Christian environment for individuals of all ages to fellowship, learn, and heal from addictions and addiction-related effects”*

I tumbled in and out of sleep in my jail cell oddly relieved that it was finally over with! After almost a year and a half sober, I got back on the crazy train heading straight to an all-too-familiar drinking hell and my new DUI put the brakes on. I have been struggling with this alcoholic pattern for over 40 years.

Although it was possible for me to bail out that morning, jail seemed like the perfect place to begin my new journey... quiet (for the most part) and out of the rat race that had become my life. I had time and space to reconnect with my Creator, study my drinking and sobriety cycles plus my triggers, and find out what I was NOT doing to treat my illness. So, I chose to stay in jail awhile. I had to approach it as I would any other disease. What is the medicine? No simple pill... a lifestyle makeover!

Like many others, I have endured, some by bad choices and some by no choice, years of extreme emotional and physical abuse. As a result, my inability to trust became a handicap in repeated attempts to recover. In this crucial life transformation, I have carefully and selectively cultivated relationships with spiritually sound groups and individuals, holding myself accountable, and opening up, to them.

I prayed for God to lead me in my search in designing a life-long recovery mission and I was lead to Alive Again Life Recovery. Here among fellowship of other recovering Christians and a beautiful group of women, I am safe, understood and encouraged. We support each other in our struggles, triumphs and guidance through a Biblically supported 12 steps of recovery. Our facilitator, Marlisa, helps us to discover our God given strengths and encourages us to seek hope and security in what we have in common. I don't just attend; I immerse myself in the experience. Also, just before each meeting I meet with my Stephen's Ministry caregiver for a one-on-one session. She has become a part of Gods plan for me.

As a result of healing I have a new-found respect for myself. My relationships with my grown children and the man I had shared my life of 11 years are recovering beautifully. I have a new relationship with God and belong with a church community. Regardless of how long I have been sober, there will still be times Satan will whisper (or yell) sweet lies to me. I've become equipped with full arsenal to attack him with: prayer, fellowship, people I love, life recovery Bible, Alive Again Life Recovery, and my Stephen's Ministry care giver. I am letting God lead me... Jesus pull me from the wreckage and heal me. I am not the sum of my mistakes. I have been remade.

Gratefully recovering,

Lindy

## **5<sup>th</sup> Annual Run for Recovery 5K/10K to be held on Saturday, May 19<sup>th</sup>**

Start your weekend with a morning dash, casual jaunt, or refreshing walk through Black Bull subdivision while soaking in 360-degree mountain views.

The start/finish line will be in the parking lot of The Commons at Baxter & Love (1794 East Baxter Lane Bozeman, MT 59718). Your entry fee includes a performance race day running shirt, custom bib, Competitive Timing chip timing device, lunch, awards and door prizes. The races will commence at 9:15 AM and will be followed by awards,

lunch, door prizes, and fun. There will be prize categories by age and gender, a walking/stroller division, and a free kids' run. We welcome the whole family to join us! Use promo code "TEAM5" at checkout for \$5 off your registration fees. Visit [www.aalrm.org](http://www.aalrm.org) to sign up and learn more!



## 2018 Alive Again Banquet - A Great Blessing



AALRM held its annual banquet on Friday, March 2<sup>nd</sup> at E-Free Church. God's grace abounded as attendees heard stirring testimonies of recovery from AALRM participants, enjoyed a gourmet meal provided by *The Food Studio* and great music by *Raise the Roof*, got to bid on many silent and live auction items, and learned more about Alive Again. It was a record turn-out for our banquet... 150 people! Special thanks to master-of-ceremonies Shawn Marie Aiken of KCMM, to auctioneers Ralph and Leitha Stark, to all donors and sponsors,

and to everyone who purchased auction items. God has blessed the ministry with \$30,000 from this event... thank you Jesus!

## TJ Plans on Coming Back to Bozeman and Helping with Drug & Alcohol Addiction Treatment

TJ served America as a first-responder medic in Iraq for fifteen years. Upon returning home, he dealt with PTSD and chemical dependency. Through God's grace, hard work, and Alive Again, TJ succeeded in overcoming his addictions. He recently started a Missoula chemical dependency program that teaches people how to help others with addictions. He plans on returning to Bozeman soon and working in the drug and alcohol recovery field. Welcome back, TJ!



## Super Bowl Party Enjoyed By All

Eighty people, many Alive Again participants, showed up at E-Free Church to enjoy the game, great food, and warm fellowship. Every couch in the building was moved into the sanctuary, a Super Bowl feast prepared by Steve, Cheryl, and the crew was served, and the games began! What a great time!



Dear Alive Again Supporters,

We thank you so much for your prayers, help with Friday evenings, and financial support as we go forward in 2018. Drug and alcohol addiction is rampant in Gallatin Valley, but we continue to see amazing turnarounds and testimonies to God's redemptive love!

God bless you all,  
Steve

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